

I find beautiful

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

Fill me with joy

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

I love to do

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

HAPPINESS

5 things that...

Make me smile

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

**I admire about
myself**

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

**I love about my
friends**

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____